

# Ice training

Get the basic knowledge for high alpine tours over glaciers

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## *DAY 1*

### **ICE TRAINING**

Ice training is either on the Pers or Morteratsch glacier, depending on the time of the year. We learn how to walk with crampons, how to use the ice pick, how to use the rope and how to behave on a rope shaft. You have now taken the first step towards your first alpine tour.

↳ none

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## Preise Gruppe

**250** CHF

per participant

(Mindestens 3 bis maximal 6 Teilnehmer)

## Preise Privat

**680** CHF

1-2 participants

**700** CHF

Each additional participant

**+ 50** CHF

(Maximale Teilnehmerzahl pro Bergführer: 6)



### Inklusivleistungen

- Training by mountain guides



### Zusatzkosten



### Buchbare Zusatzleistungen

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 **Saison**  
June - October

 **Wochentage**  
Tues / Sat

 **Dauer**  
1 Tag

 **Schwierigkeit**  
Easy

## Anforderungen

Motivation to learn something new

## Material

- Crampons
- Ice axe
- Climbing Harness

## Treffpunkt

8:30am at the office of the "Bergsteigerschule Pontresina"

## Anreise

### Parkplätze:

Depending on the training location, you can park for free at the Diavolezza valley station or for a fee at Morteratsch.

### ÖV

Bus stop 5 minutes from the office  
Train station 15 minutes walk away from the office.

## Unterkunft / Komfort

If you still need to rent equipment, you can do it in the morning

## Good to know

The training can be ideally combined with an ascent from Piz Palù the next day.

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