

Rock and ice training with Piz Morteratsch

Instructive training days in the Bernina region with Piz Morteratsch

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DAY 1

ROCK TRAINING IN THE LAGALB CLIMBING GARDEN

We meet in Pontresina at the office of the "Bergsteigerschule Pontresina". Here you also have the possibility to stock up with the necessary rental material. The afternoon is all about training in the Lagalb climbing garden. Here we find ideal terrain to teach you the basics of climbing on alpine terrain. Today, the focus is on climbing and safety technology, knots, abseiling. Towards evening we take the gondola up to Berghaus Diavolezza.

DAY 2

ICE TRAINING ON THE PERS AND MORTERATSCH GLACIERS.

We conduct the ice training in a practical way on the Pers and Morteratsch glaciers. We walk over the Pers glacier down to the Morteratsch glacier and up to the Boval hut. Our training content on the way will be: Rope walking, crampon, ice axe and belay technique and a pulley.

↑ 200 hm ↓ 660 hm

DAY 3

PIZ MORTERATSCH

After these 2 days of training, today we climb what is probably the most beautiful panoramic mountain in the Bernina Group. From the Boval hut we climb up to the Fuorcla Boval. With the crampons we continue to the summit, from where we enjoy a breathtaking panorama. The descent into Val Roseg is via the Tschierva hut. Here we can strengthen ourselves one last time before we return to Pontresina through the Val Roseg.

▲ 3751 m ⌚ 9 Stunden ↑ 1250 hm / 5 h ↓ 1750 hm / 4 h




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Daten und Preise Gruppe

von 14.07.2023 bis 16.07.2023	1210 CHF		Bergführer Team-Bergführer Anmeldeschluss 05.07.2024
von 11.08.2023 bis 13.08.2023	1210 CHF		Bergführer Team-Bergführer Anmeldeschluss 19.07.2024
von 08.09.2023 bis 10.09.2023	1210 CHF		Bergführer Team-Bergführer Anmeldeschluss 02.08.2024
von bis	1210 CHF		Bergführer Team-Bergführer Anmeldeschluss 16.08.2024
von bis 27.08.2023	1210 CHF		Bergführer Team-Bergführer Anmeldeschluss 30.08.2024
von bis	1210 CHF		Bergführer Team-Bergführer Anmeldeschluss 06.09.2024

(Mindestens 3 bis maximal 6 Teilnehmer)

 Inklusivleistungen	 Zusatzkosten	 Buchbare Zusatzleistungen
<ul style="list-style-type: none"> • Mountain guide (max 2 persons per guide on summit day) • 2 Overnight stays • with half board / tea of the day • Cable car ticket Diavolezza 	<ul style="list-style-type: none"> • Drinks during dinner 	<ul style="list-style-type: none"> • Diavolezza additional services

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 **Saison**
July -
September

 **Wochentage**
Fri-Sun

 **Dauer**
3 Tage

 **Schwierigkeit**
Intermediate

Anforderungen

first mountaineering experience
Endurance for 9 hours of high
alpine hiking

Material

- Climbing Harness
- Helmet
- Crampons
- Ice Axe

Treffpunkt

10:00am at Bergsteigerschule
Pontresina office

Anreise

Parkplätze:

If you arrive by car, there is free
parking at Diavolezza.

ÖV

From Pontresina station it is
10-15 minutes to our office on
Via Maistra 163.

Unterkunft / Komfort

Diavolezza: Hotel operation
Boval Hut: simple SAC hut

Good to know

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