



Ice Climbing Technique Course Pontresina

The fascination of ice - combining alpine climbing and mountaineering.

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PROGRAM

ICE CLIMBING TECHNIQUE COURSE

It couldn't be more crazy. Ice-covered rock walls and frozen waterfalls not only look impressive - they also will be climbed from all positions! Every winter, mighty ice walls with imposing icicles are created in the Engadine for varied routes.

From securing to movement technique, our professionals will show you what to look out for in this special discipline. We discover ice formations with inclinations between 40° and 90° and acquire a feeling for the frozen element.

Step by step, our mountain guides will teach you the techniques of ice climbing from the ground up. Top Rope secured you will make your first vertical meters in the gorge of Pontresina or at various icefalls in Silvaplana.

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Preise Gruppe

220 CHF	from 4 participants
250 CHF	with 3 participants

(Mindestens 3 bis maximal 5 Teilnehmer)

Preise Privat

680 CHF	1 participant
700 CHF	2 participants
+50 CHF	Each additional participant

(Maximale Teilnehmerzahl pro Bergführer: 5)

Inklusivleistungen

- Training by mountain guides

Zusatzkosten

- Any Equipment Needed

Buchbare Zusatzleistungen

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Saison

December -
March



Wochentage

Saturday



Dauer

1 Tag



Schwierigkeit

einfach



Anforderungen

First impressions in ice climbing, for example a taster course. You want to improve your technique.



Material

- mountain boots suitable for crampons
- iceclimbing axes
- crampons
- climbing harness
- helmet
- gloves



Treffpunkt

8:30am Pontresina
Mountaineering School Office



Anreise

Parkplätze:

Various parking possibilities in Pontresina.

ÖV

Pontresina train station is only a few minutes walk away.



Unterkunft / Komfort

link-zu-skitourenhotel



Good to know

A down jacket and warm gloves will keep you warm during the climbing breaks.

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