



# **Ice Climbing teaser course Pontresina**

**Your first steps in vertical ice!**

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## *PROGRAM*

### **ICE CLIMBING TEASER COURSE**

We will give you a first impression of ice climbing. You'll see the three hours fly by!

Our ice climbing garden in the Pontresina gorge is just a five-minute walk from the mountain guide's office. The mountain guide first explains how to fit the crampons. After the introduction to the safety rules you will put theory into practice. Being Top Rope secured and fully concentrated on crampons and ice axe, nothing will stop your sense of achievement!

 3 Stunden

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## Preise Gruppe

**110** CHF

per participant

(Mindestens 3 bis maximal 6 Teilnehmer)

## Preise Privat

**500** CHF

1-2 participants

**+50** CHF

Each additional participant

(Maximale Teilnehmerzahl pro Bergführer: 6)



### Inklusivleistungen

- Ice Climbing Tools\*
- Crampons\*
- Climbing Harness\*
- Helmet\*
- Headlamp\*



### Zusatzkosten

- Crampon-compatible mountaineering boots (can be rented in the Go Vertical Shop)



### Buchbare Zusatzleistungen

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**Saison**  
December -  
March




**Wochentage**  
Mon / Thurs /  
Sat



**Dauer**  
0.5 Tag



**Schwierigkeit**  
basic

 <b>Anforderungen</b>	 <b>Material</b>	 <b>Treffpunkt</b>
<p>Curious to experience something new!</p>	<ul style="list-style-type: none"> <li>• Crampon-compatible mountaineering boots</li> <li>• Ice climbing tools</li> <li>• Crampons</li> <li>• Climbing harness</li> <li>• Helmet</li> <li>• Headlamp</li> <li>• Gloves</li> </ul>	<p>5.00 p.m. Office Bergsteigerschule Pontresina</p>

 <b>Anreise</b>	 <b>Unterkunft / Komfort</b>	 <b>Good to know</b>
<p><b>Parkplätze:</b> Various parking possibilities in Pontresina.</p> <p><b>ÖV</b> Pontresina train station is only a few minutes walk away.</p>	<p>link-zu-skitourenhotel</p>	<p>A down jacket will keep you warm during the climbing breaks.</p>

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