

# Mountain spring climbing days

Let's get to the rock.

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## *FRIDAY*

### **FIRST ROCK CONTACT: PIZ ALV - LAGALB**

We meet at the Hotel Hauser in St. Moritz. Together we drive to the parking lot of the Lagalb ski resort. In a few minutes we reach the climbing garden Piz Alv - Lagalb on foot. Here are ideal conditions for your first rock contact.

The introduction to rock climbing also includes:

- the redirection: what do I have to do with the rope at the top to clear out the express slings from the route?
- the stand: What does a safe stand look like?
- A dead end? Knowing a fallback option if you can't get all the way up the route.

After an instructive day on the rock, we make our way back and enjoy a well-deserved drink on the sun terrace of the Hotel Hauser.

## *SATURAY & SUNDAY*

### **CLIMBING IN THE ALBIGNA AREA**

We climb in the beautiful Bergell. The cable car takes us up to the Albigna dam. Here we climb in the different sectors and apply everything we learned on Friday again. Here it has routes in all difficulties, so that everyone can go to his personal limit. Surrounded by an impressive landscape, after these three days you will be ready for your next rock climbing adventures.




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## Daten und Preise Gruppe

von 18.06.2021 bis 20.06.2021	<b>945</b> CHF		Bergführer <b>Team-Bergführer</b> Unterkunft Hotel Hauser St. Moritz Anmeldeschluss 11.06.2021
von 02.07.2021 bis 04.07.2021	<b>945</b> CHF		Bergführer <b>Team-Bergführer</b> Unterkunft Hotel Hauser St. Moritz Anmeldeschluss 25.06.2021

(Mindestens 3 bis maximal 6 Teilnehmer)

 <b>Inklusivleistungen</b>	 <b>Zusatzkosten</b>	 <b>Buchbare Zusatzleistungen</b>
<ul style="list-style-type: none"> <li>• 3 days rock climbing</li> <li>• 2 nights in a double room at Hotel Hauser in St. Moritz, including visitor's tax, breakfast with homemade specialties, 3-course half-board menu and a drink at the RooBar after the climb</li> </ul>	<ul style="list-style-type: none"> <li>• Drinks during dinner</li> <li>• maybe Rental equipment</li> <li>• Cable car Albigna dam (ascent and descent 22 CHF)</li> </ul>	<ul style="list-style-type: none"> <li>• Single room (no extra charge)</li> <li>• Extra night, arrival on Thursday evening: CHF 160</li> <li>• climbing harness, climbing shoes and helmet, rental for 3 days: CHF 45</li> <li>• Lunch box: 15 CHF (can be ordered at the hotel)</li> <li>• Book without overnight stay for CHF 600.00 per person</li> </ul>

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**Saison**

June



**Wochentage**

Fri - Sun



**Dauer**

3 Tage



**Schwierigkeit**

Easy



## Anforderungen

first climbing experiences in the hall, mastering of the top rope belaying



## Material

- Climbing Shoes
- Climbing Harness
- Safety device
- Helmet



## Treffpunkt

9.30 a.m. in front of the Hotel Hauser in St. Moritz, Via Traunter Plazzas 7, 7500 St. Moritz



## Anreise

### Parkplätze:

Hotel parking spaces on request.

### ÖV

St. Moritz is easily accessible by train.



## Unterkunft / Komfort



## Good to know

In case of rainy weather we change to the climbing hall in **Serlas Parc**. Here we can also practice the basics of rock climbing in the best way.

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