

# **MTB cycling technique Level 1**

**Tips and tricks for more cycling fun.**

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## *PROGRAM*

### **MTB CYCLING TECHNIQUE LEVEL 1**

meeting point is Fullmoons Shop After a little getting-to-know-eachother we're off to the practise track in Färich.

Points of attention and content of the course

- short Bikecheck (M-Check)
- proper position on the bike
- Balance
- Ascend and descend
- braking technique
- shifting gear
- small obstacles
- Tips & tricks

 2.5 Stunden

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## Preise Gruppe

**65** CHF

per participant

(Mindestens 4 bis maximal 8 Teilnehmer)

## Preise Privat

**390** CHF

per Person

**195** CHF

per person, group consisting of 2

**130** CHF

per person, group consisting of 3

**95** CHF

per person, group consisting of 4 or more

(Maximale Teilnehmerzahl pro Bergführer: 8)



### Inklusivleistungen

- MTB cycling technique with Swiss Cycling MTB Guide



### Zusatzkosten




### Buchbare Zusatzleistungen

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 **Saison**  
July-October

 **Wochentage**  
Friday

 **Dauer**  
0.5 Tag

 **Schwierigkeit**  
Easy

## Anforderungen

no requirements  
Kids over 16 can go by themselves, between 12 and 16 only accompanied by an adult

## Material

- well serviced, modern MTB (no E-Bike)
- Helm
- Bike-gloves (when available)
- Protection pads (when available)
- Drinks and a snack
- clothes suitable for the weather

## Treffpunkt

16:30 at Fullmoons  
Bergsport/Go Vertical Davos,  
Promenade 127 Davos Dorf

## Anreise

**Parkplätze:**  
on the Parsenn parking in Davos Dorf. On your bike it is just minutes away to Fullmoons Bergsport/Go Vertical Davos

**ÖV**  
Davos is easily accessible by public transport The Fullmoons Bergsport/Go Vertical Davos shop is within minutes biking distance from Davos Dorf railway station.

## Unterkunft / Komfort

## Good to know

The course takes place in any weather (apart from thunderstorms).  
The MTB technical course is also available in **Level 2** (Middle) und **Level 3** (Advanced) an.

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